thermomix



APPLE AND SELERIAC SOUP

■ 5 min. 🖍 40 min. < easy 🖪 4 portions

INGREDIENTS

40 g extra virgin olive oil few fresh sage leaves 100 g onion cut into quarters ½ sprig celery, cut into pieces 180 g celeriac cut into pieces 3 cm 2 green apples, cut into 8 3 sprigs fresh thyme, leaves only 800 g water 1 tbsp vegetable stock paste, homemade, or 1 vegetable stock cube 1 tsp salt 1 pinch freshly ground black pepper 100 g sour cream

PREPARATION

- Place 20 g extra virgin oil and sage leaves into mixing bowl and sautè 3 min./120°C/speed 1. Transfer in a bowl and set aside.
- 2. Place 20 g extra virgin oil, onion, celery into mixing bowl, chop 5 sec./speed 5 and sauté 5 min./120°C/speed 1.
- 3. Add celeriac, apples and thyme and sautè 3 min/120°C/speed 1.
- Add water, vegetable stock paste, salt and pepper, cook 20 min./100°C/speed 1 and min 1 min/speed 5-10, increasing speed gradually.
- 5. Add 50 g sour cream and mix **5 sec./speed 4**. Serve with some extra sour cream in each plate and garnish with sautéed sage leaves.