



YOGURT MOUSSE WITH CREAM CHEESE AND FRUITS

🔪 10 min ⌚ 15 min 🌱 easy 🍽️ 6 servings

INGREDIENTS

500 g strained yogurt
200 g cream cheese
1½ tbsp homemade vanilla sugar or
natural vanilla extract
170 g granola
400 g strawberry or blueberry jam
60 g frozen mixed forest fruit,
washed, drained

PREPARATION

1. Place yogurt, cream cheese and vanilla sugar into mixing bowl and mix **10 sec/speed 5**. Transfer into a bowl and set aside.
2. In a glass add 2 tablespoon granola (approx.25 g) Cover with 2 tablespoon yogurt-cream cheese mixture, add 1 heaped tablespoon jam and cover with 1 tablespoon yogurt-cream cheese mixture. Garnish with granola and frozen mixed forest fruit. Repeat the process with remaining 5 glasses. Serve immediately or refrigerate up to 2 days.

USEFUL ITEMS

6 glasses (150ml)