thermomix



INGREDIENTS

40 g butter, plus extra for greasing 2 eggs, egg whites and yolks, separately 80 g dark chocolate, in pieces 215 g milk 30 g sugar 80 g flour 1 tsp. cocoa powder 3 tsp instant espresso powder 1 tsp vanilla sugar or vanilla extract 500 g water 200 g fresh cream

USEFUL ITEMS

6 ramekins

CHOCOLATE PUDDING WITH ESPRESSO CREAM

🔬 10 min 🤌 50 min 🚔 easy 🚢 6 servings

PREPARATIONS

- 1. Grease ramekins and set aside.
- 2. Insert butterfly whisk. Place eggs whites into mixing bowl and whisk 4 min/speed 3.5 or until stiff. Transfer to a bowl and refrigerate until needed. Wash and dry mixing bowl thoroughly.
- 3. Place chocolate, butter and milk into mixing bowl and melt 5 min/80°C/speed 3.
- 4. Add sugar, flour, cocoa, 1 teaspoon instant espresso powder, vanilla and mix 5 sec/speed 5.
- 5. Add yolks and mix 3 min/speed 3 or until desired stiffness is achieved.
- Instert butterfly whisk. Add meringue and mix 2 min/speed
 Transfer mixture into ramekins. Distribute ramekins into Varoma dish and set aside.
- Place water into mixing bowl, place Varoma into position and steam 25 min/ Varoma/speed 1. Allow ramekins to cool down for 5 minutes. Clean and dry mixing bowl thoroughly.
- 8. **Insert butterfly whisk.** Place cream into mixing bowl and whip **speed 3**, without setting a time, until desired stiffness is achieved, watching carefully to avoid over-whipping.
- 9. Add remaining 2 teaspoons instant espresso powder (dissolve in 1 teaspoon water) and mix **speed 3**, without setting a time, until combined, watching carefully to avoid over-whipping. Garnish with espresso cream and serve warm.