thermomix

CHOCOLATE NAPOLEON

Recipe by chef Marios Hadjiosif











medium



ACTIVE TIME 20 min

TOTAL TIME 1h 10 min

TY SERVINGS 22 pieces

INGREDIENTS

- · 2 puff pastry sheets, cut into 48 pieces
- (5 x 9 cm)
- 300 g fresh cream
- 150 g icing sugar (see tip 1)
- 1 tsp homemade vanilla sugar
- 300 g cream cheese or mascarpone cheese
- 300 g dark chocolate, cut in pieces
- 10 g unsalted butter, cut into pieces

PREPARATION

- 1 Preheat oven at 200°C. Line two baking trays with baking paper and set aside.
- 2 Spread the puff pastry pieces onto baking trays. Prick with a fork and bake in preheated oven (200°C) for 5 minutes. Turn over and bake 5 minutes more or until golden brown. Remove carefully on a rack and allow to cool thoroughly.
- 3 Insert butterfly whisk, add fresh cream, icing sugar and vanilla sugar and whip on speed 3, without setting a time, until it thickens to yoghurt consistency, watching carefully to avoid over-whipping. Remove butterfly whisk, transfer into a bowl and refrigerate for further use.
- 4 Insert butterfly whisk, add cream cheese and whip 2 min/speed 4. Remove butterfly whisk, transfer into a bowl and refrigerate for further use.
- 5 Place dark chocolate into mixing bowl and grind **10 sec/speed 4**.
- 6 Add butter and melt 4 min/50°C /speed 3. Allow mixing bowl to cool down for 5 minutes.
- 7 Insert butterfly whisk, add whipped cream cheese and mix 5 sec/speed 3.
- 8 Add whipped cream and mix **5 sec/speed 3.** Pour into a piping bag and refrigerate for about 30 minutes. Meanwhile, with a sharp knife slice the puffed pastry pieces in half crosswise (so the length remains the same) and set aside (see tip 2).
- 9 Remove the piping bag from the refrigerator, cut the tip so you have a round 2 cm diameter opening and layer chocolate custard on a piece of puff pastry. Cover the chocolate custard with a 2nd piece of puff pastry, apply a second layer of chocolate custard, finish with a 3rd piece of puff pastry and place on a serving platter. Repeat until all puff pastry pieces and chocolate custard are used.
- 10 Garnish with icing sugar and serve.

TIPS

- 1 <u>Icing sugar</u>: Add sugar into mixing bowl and grind **15 sec/speed 10**.
- 2 Select the best pieces and sort them in sets of 3 of approximately equal size. Left-over pieces can be crushed and stored for further use, for example in a millefeuille.

