thermomix



FUSILI SALAD WITH CHICKEN, FRUIT AND WALNUTS

✓ 5 min

⑤ 50 min

easy

6 servings

7 servings

8 servings

7 servings

8 servings

7 servings

7 servings

7 servings

7 servings

8 servings

7 servings

8 servings

8 servings

9 serving

INGREDIENTS

150 g walnuts

280 g pineapple slices, tinned, cut in half 200 g celery, cut in 3 150 g grapes, cut in half 200 g apple, cut in 4

50 g raisins

1900 g water

350 g chicken breast, cut in 3 cm cubes

500 g fusilli pasta

75 g mayonnaise

30 g mustard

150 tbsp strained yoghurt

1 pinch salt

1 pinch pepper

PREPARATION

- 1. Place walnuts into mixing bowl and grind **3 sec/speed 4**. Transfer into a deep serving bowl and set aside.
- 2. Place pineapple, celery, grapes, apple and raisins into mixing bowl and chop **4 sec/speed 4,5.** Transfer into the bowl with walnuts and refrigerate until needed.
- 3. Place 400 g water into mixing bowl, place Varoma into position, add chicken and cook **20 min/Varoma/speed 1.** Set Varoma aside to cool down. Empty mixing bowl.
- 4. Place remaining 1500 g water into mixing bowl and boil 10 min/100°C/speed 1.
- Add fusili, cook without measuring cup for time indicated on package /100°C/reverse mode/speed 1 or until al dente. Strain fusili using Varoma dish and transfer into bowl with the rest of the ingredients from the fridge.
- 6. Place mayonnaise, mustard, yoghurt, salt and pepper into mixing bowl and mix **5 sec/speed 4**. Add sauce into bowl with fruit and pasta. Add chicken and mix gently. Serve immediately or refrigerate.