thermomix



ORZO CHICKEN FETA & SPINACH SALAD

✓ 5 min ② 35 min ● easy ♣ 4 servings

INGREDIENTS

1500 g water

2 tsp salt

500 g orzo

20 g olive oil

1 tsp pepper

350 g chicken thighs, cut into pieces (3-4cm)

200 g feta cheese, cut into pieces

100 g almonds

150 g spinach (leaves only)

150 g onions, cut into halves

200 g cherry tomatoes, cut into halves lengthwise

2-3 fresh basil leaves for garnishing

PREPARATION

- 1. Place water into mixing bowl and boil 10 min/100°C/ speed 1.
- Insert butterfly whisk, add 1 teaspoon salt and orzo. Place
 Varoma into position, weigh in chicken thighs, marinate with
 olive oil, remaining 1 teaspoon salt, pepper and steam 15
 min/Varoma/reverse/speed 0.5. Remove butterfly whisk,
 transfer chicken into a large bowl, drain pasta through Varoma
 and transfer into bowl with chicken. Clean and dry mixing bowl
 thoroughly.
- 3. Place feta cheese into mixing bowl and chop **3 sec/speed 5**. Transfer into bowl with chicken and set aside.
- Place almonds into mixing bowl and chop 3 sec/speed 5.
 Transfer into bowl with chicken and set aside.
- Place spinach leaves and onion into mixing bowl and chop 5 sec/speed 5. Transfer into bowl with chicken and set aside.
- 6. Garnish with cherry tomatoes, basil leaves and serve immediately or refrigerate until needed.

USEFUL ITEMS

large serving bowl