thermomix



ANARI CREAM

INGREDIENTS

14 fyllo pastry sheets
135-175 g sugar (depending on your preferences)
100 g walnuts
1000 g anari, unsalted, cut into pieces
1 tsp cinnamon, powder
1 tbsp blossom water
40 g honey
1000 g fresh cream, min 30% fat

USEFUL ITEMS

bowl large bowl large deep bowl for serving

PREPARATION

- 1. Preheat oven to 180°C. Line two baking trays with baking paper and set aside.
- 2. Separate one by one the fyllo pastry sheets, crunch them up and place into prepared baking trays. Bake in preheated oven (180°C) until golden. Set aside to cool down.
- 3. Place sugar into mixing bowl and grind **15 sec/speed 10.** Transfer to a bowl and set aside.
- Place walnuts into mixing bowl and chop 3 sec/speed 5.
 Transfer to a bowl and set aside.
- Place anari, cinnamon, blossom water, 20 g honey and mix
 sec/speed 5 with the aid of spatula. Transfer to a large bowl and set aside.
- Insert butterfly whisk. Add fresh cream and whip speed 3, without setting a time, until desired stiffness is achieved, watching carefully to avoid over-whipping. Remove butterfly whisk. Fold gently whipped cream with anari mixture and set aside.
- Crumble and spread evenly 1/3 of pastry sheets into a large deep bowl. Cover with 1/3 of cream and garnish with another 1/3 of crumbled pastry sheet. Cover with remaining 2/3 of cream and garnish with 1/3 remaining crumbled pastry sheets. Refrigerate for 40 minutes.
- 8. Garnish with chopped walnuts and remaining 20 g honey before serving.

TIP

Anari is a form of curd cheese similar to ricotta.