thermomix



BUTTER SOFT ROLLS



INGREDIENTS

255 g water 255 g milk 80 g butter, plus for greasing 20 g dried yeast 665 g flour 70 g sugar 10 g salt

USEFUL ITEMS

Large bowl, kitchen towel, baking dish

PREPARATION

- 1. Lightly grease a large bowl and a baking dish and set aside.
- Place water, milk and butter into mixing bowl and warm 3 min /37°C/speed 3.
- 3. Add yeast and warm 1 min/37°C/speed 3.
- Add flour, sugar and salt, mix 20 sec/speed 4 and knead 15 min/dough function, without measuring cup. Dough is sticky. Place dough into prepared bowl, cover with kitchen towel and let rise until doubled in size (approx. 1 hour).
- 5. In a very well-floured surface divide dough into 20 equal pieces and shape into balls (approx. 30g each).
- Transfer into prepared baking dish allowing a 0.5cm space between each ball. Cover with kitchen towel and set aside for 30 minutes. Preheat oven to 180°C.
- Bake for 20 minutes in preheated oven (180°C). Brush with butter immediately and set aside to cool down for 10 minutes before serving.
- The recipe was adapted to Thermomix by chef Marios Hadjiosif.