thermomix



INGREDIENTS

100 g ham slices, rolled up
100 g Gruyere cheese, cut into pieces
50 g red pepper, cut in half
50 g green pepper, cut in half
100 g onion, cut into quarters
15 g olive oil
6 eggs
30 g milk
1 tsp salt
1 tsp pepper
500 g water
Salad for serving

USEFUL ITEMS

Baking paper Serving dish

STEAMED OMELETTE

🖌 5 min 🌢 25 min 🚔 easy 📥 4 servings

PREPARATION

- 1. Line Varoma tray with baking paper (wet & drained), leaving the side steaming holes uncovered then place in Varoma dish. Set aside.
- 2. Place ham into mixing bowl and chop **2 sec/speed 4.5**. Transfer into Varoma tray and set aside.
- 3. Place cheese into mixing bowl and chop **5 sec/speed 6.** Transfer into Varoma tray and set aside.
- Place peppers, onion and olive oil into mxing bowl, chop 5 sec/speed 6 and saute 5 min/120°C/speed 1. Transfer into Varoma tray and set aside.
- 5. Place eggs, milk, salt and pepper into mixing bowl and mix **15** sec/speed **4**. Pour mixture into Varoma tray and set aside.
- 6. Rinse mixing bowl. Add water into mixing bowl, place Varoma into position and steam **20 min /Varoma/speed 1**.
- 7. Serve immediately with salad.