thermomix



GREEN PEAS WITH TOMATO SAUCE AND CHICKEN

🟒 10 min 🥭 1 h 25 min 🔮 easy 🚢 6 portions

INGREDIENTS

100 g onion, cut into quarters 1 garlic clove 50 g olive oil 1000-1200 g chicken (4 drumsticks and 4 thighs with skin and bone) 400 g crushed tomatoes, canned 250 g tomato passata 100 g dry white wine 1 tbsp vegetable stock paste, homemade 70 g tomato paste 1 tsp sugar 1 tsp salt 1/2 tsp pepper 800 g mixed vegetables (potatoes, carrots, artichokes), cut into pieces (2 cm) 1000 g green peas, frozen (rinse under cold water) 3 sprigs fresh parsley, leaves only, chopped, for garnish

USEFUL ITEMS

serving dish

PREPARATION

- Place onion, garlic and olive oil into mixing bowl, chop 5 sec/speed 5 and saute 3 min/120°C/speed 1.
- Add into mixing bowl crushed tomatoes, 200 g tomato passata, wine, vegetable stock paste, tomato paste, sugar, salt, pepper, 400 g mixed vegetables and 500 g green peas and mix with spatula. Place Varoma with chicken into position and weigh in remaining 400 g mixed vegetables and remaining 500 g green peas. Sprinkle with remaining 50 g tomato passata, mix gently with spatula and cook **50-60 min/Varoma/reverse/** .
- 4. Transfer chicken and vegetables from Varoma into serving dish, poor over mixing bowl content, mix, garnish with parsley and serve immediately.