thermomix



CUSTARD WITH PEACH SAUCE

INGREDIENTS

50 g pistachios

Peach sauce

3 large peaches, peeled, cut in 4 (approx. 600 g)

150 g sugar

30 g lemon juice

2 cinnamon sticks

Custard

1/2-1 vanilla pod 500 g milk 1 egg 50 g sugar 1 pinch salt

30 g corn flour

PREPARATION

 Place pistachios into mixing bowl and chop 5 sec/speed 6. Transfer into a bowl and set aside.

Peach sauce

- Place peaches, sugar, lemon juice and cinnamon sticks into mixing bowl and cook 20 min/100°C/reverse mode/speed 1, with the simmering basket placed on top of the lid instead of the measuring cup.
- 3. Remove cinnamon sticks and blend **10 sec/speed 10.** Transfer into a bowl and set aside to cool down.

Custard

- 4. Split vanilla pot in the middle vertically and scrape the seeds from the inside. Place seeds and empty vanilla pod into mixing bowl.
- Add milk, egg, sugar, salt and corn flour into mixing bowl and warm 7 min/90°C /reverse mode/speed 3.
- 6. Transfer custard in individual serving bowls, remove vanilla pod, garnish with peach sauce and place in the fridge for 1 hour.
- 7. Garnish with chopped pistachios and serve.