



## HONEY MUSTARD CHICKEN WITH YOGURT

5 min 30 min easy 4 servings

### INGREDIENTS

40 g olive oil  
200 g onion, cut into halves  
1 garlic clove  
1000 g chicken thighs, boneless, skinless, cut into pieces (3-4 cm.)  
500 g yogurt, strained  
170 g sweet mustard  
40 g honey  
3 springs parsley, leaves only  
2 tsp sweet paprika  
1 tsp salt  
1 tsp pepper  
Rice for serving

### PREPARATION

1. Place olive oil and onion into mixing bowl, chop **5 sec/speed 5** and sauté **5 min/120°C/speed 1**.
2. Add chicken, yogurt, mustard, honey, paprika and cook **15 min/98°C/reverse/spoon speed**.
3. Add salt, pepper and cook **10 min/Varoma/reverse/spoon speed**.
4. Serve with rice.